



HIKING FOR HEALTHY HEARTS

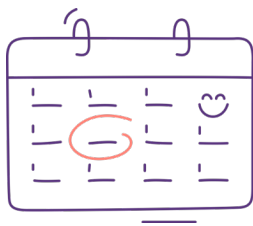
Those who have a greater balance across their physical, mental and social health are much better equipped to deliver their best work.

Coastrek is not just another corporate wellbeing program. It is an epic adventure challenge, culminating in a 30km - 60km hike along the scenic coast with your workmates. Feel better, work smarter, bond with your teammates and have a whole lot of fun, while supporting the Heart Foundation.



Achieve a goal

Hike 30km - 60km and feel amazing.



National Series

Join us throughout Australia.



Teams of 4

The ultimate team-building adventure.



Change Lives

Raise funds for the Heart Foundation.



Proudly Supporting

**Heart
Foundation**

Benefits and registration at www.coastrek.com.au/corporate